

Jackson High School

Classroom Management and Syllabus

Health Class

Mr. Akers

Course Topics

1. A Healthy Foundation- understanding and taking charge of your health
2. Personal Care and Body Systems- skeletal, muscular, CVS, digestive, etc.
3. Nutrition and Physical Activity- eating for health, managing weight, eating behaviors, etc.
4. Drugs- gateway drugs, other illegal drugs, and mental issues surrounding drug use
5. Reproductive System and Beginning of Life Cycle- male and female, conception, childbirth
6. Diseases and Disorders- communicable diseases, noncommunicable diseases, STD's
7. Healthy and Safe Relationships- skills for family and peer relationships

Forms of Assessment

1. Tests and quizzes- approximately 2-3 tests per grading period, plus a comprehensive final exam
2. Homework/Classwork- two or three assignments, on average, per week
3. Projects- a variety of individual and small group projects may be a requirement for the course
4. Notebook- keep all items in a folder or binder; print notes templates; DO NOT THROW NOTES AWAY!
5. Participation/preparation- points awarded for engaging in class discussions; points deducted for being unprepared

Format of the Class

1. Lectures- generally during class note sessions
2. Individual work- study guides, more challenging homework assignments, etc.
3. Small group work- for informal presentations, some study guides, etc.
4. Group discussions- to cover important issues in the lives of teenagers
5. Videos- educational videos for follow-up or introductions to a unit
6. Quizzes and tests- over most material that is presented in class
7. Guest speakers- a few each semester
8. Test review games- generally the day before a unit test

Basic Classroom Expectations

1. Be respectful toward peers and adults
2. Stay in seats until the bell signals the end of the class period
3. Accept responsibility for yourself
4. Complete your homework and other class work; TAKE GOOD NOTES! THEY HELP TREMENDOUSLY!
5. Show up to class on time
6. Ask questions if you're confused or wish to learn more about a topic
7. See learning as an opportunity
8. Phones or other electronic devices are used ONLY with teacher permission

Behaviors to Avoid

1. Do not be disruptive toward the teacher or your peers
2. Do not use inappropriate language
3. Do not cheat, lie, or steal
4. Do not sleep in class or sit out of class work or activities
5. Do not put your hands on others' personal items
6. Do not damage things in the classroom, including things belonging to your peers
7. Do not exclude others or gossip about peers or staff members

Consequences

1. You may receive a warning for first offenses
2. Detention- these are served after school
3. You may be sent to the office if violations occur repeatedly
4. Contact with parent(s) at home- for poor grades, poor effort, class disruptions, etc.

Grading Scale

A	90-100	
B	80-89	Product grades- 75% of quarter grade
C	70-79	Process grades- 25% of quarter grade
D	60-69	Final examination- 20% of your course grade
F	0-59	

Class Attendance

It is your responsibility to approach me for work missed in class if you are absent. You may send an e-mail from home or discuss work with me when you return. You must take the initiative to check missed work/copy notes when you return.

Homework

Homework is always graded. You are strongly encouraged to turn it in on time but if you forget to do it, HW can be turned in 1-2 days late. You lose a minimum of half of the points if it is late. If I determine that you have a chronic problem with late HW, I may no longer accept late work from you.

Blizzard Bag

If school is canceled because of inclement weather, work for that day will be provided for you on my website (<http://www.jackson.stark.k12.oh.us/webpages/DAKERS>). Click on the blizzard bag section on the the home page. You have two weeks after a calamity day to complete the blizzard bag activity.

My Website

<http://www.jackson.stark.k12.oh.us/webpages/DAKERS>

You can find notes templates, missing homework papers, and other important information here. Be familiar with it!

Voice mail 330-830-8100 ext. 1030
E-mail dsa2jc@bearworks.jackson.sparcc.org

Twitter

Follow me on Twitter [@dsa2jc](https://twitter.com/dsa2jc) for updates and reminders about assignments, tests, and other important information.