

## Group Triple P

**Group Triple P meets *two hours a week* for *eight weeks*.**

Group Triple P is an opportunity for parents to join together to hear each others stories and support one another on their parenting journeys. Parenting isn't easy, it is nice to hear from others while learning numerous strategies you can choose to try at home. You will create goals for your own family and find the strategies that best fit your needs.



Group Triple P is provided in collaboration with United Way of Greater Stark County



United Way  
of Greater Stark County

Parents,  
stay positive!



**For more information  
or to register  
call us at 330-433-6075  
or text  
@triplepca to 81010**



**2021  
Positive  
Parenting  
Programs at**



## What is Triple P?

The Triple P – Positive Parenting Program® knows all parents have different needs. That's why Triple P has many different ways for you to get parenting help. You can choose which model will suit you and your family best.

### Who is Triple P for?

Parents of children 2 to 12 living in Stark County

### Triple P can help you:

- Encourage behavior you like
- Deal with problem behaviors
- Become confident as a parent
- Be realistic about parenting
- Take care of yourself

### How much does Triple P Cost?

Triple P is provided free to residents of Stark County in collaboration with Ohio Children's Trust Fund and United Way of Greater Stark County. Some restrictions apply, contact us for more information.

**Free**

## Primary Triple P

Primary is a very **brief and private** way for parents to get Triple P support with about **four thirty-minute sessions, one on one** in your home, at the office or virtually, wherever you are the most comfortable. You can talk with the provider to review questions or concerns about behavior and find strategies that fit your family.

If your child has a particular behavior problem that is making family life more difficult than it should be, then Primary Triple P can help. Primary Triple P provides guidance that is tailored to deal with specific problems.

### Common Primary Triple P topics:

- ADHD
- Balancing Work and Family
- Bedtime Problems
- Bedwetting
- Behavior at School
- Toilet Training
- Chores
- Cleaning Up
- Coping with Stress
- Disobedience
- Fears
- Fighting and Aggression
- Going Shopping
- Hurting Others
- Interrupting
- Lying
- Mealtime Problems
- Whining
- Nightmares
- Self-esteem
- Separation Anxiety
- Sharing
- Stealing
- Swearing
- Tantrums



## Standard Triple P

Standard Triple P is a **private and very thorough** way to find out about the Triple P way of parenting. You will be provided **ten individual, one hour sessions** with a Triple P provider; in your home, at the office or virtually, wherever you are most comfortable. Parents will set their own goals and work out what changes you would like to see in your child's behavior, learning strategies to use and adapt to suit your family's needs.



**Ohio Children's Trust Fund**  
*Ohio's Prevent Child Abuse America Chapter*

*Primary and Standard Triple P are provided with support from Ohio Children's Trust Fund*