



Jackson Local School District **Parent Resources**

Worried About Suicide? Learn the **FACTS!**

Are you concerned that someone you know may be at risk for suicide? Your first step in helping may be as simple as learning the **FACTS** or warning signs. The following signs may mean that a youth is at risk for suicide, particularly if that person attempted suicide in the past.

Feelings

Expressing hopelessness about the future.

Actions

Displaying severe/overwhelming pain or distress.

Changes

Showing worrisome behavioral cues or marked **changes** in behavior, including: withdrawal from friends or changes in social activities; anger or hostility; or changes in sleep.

Threats

Talking about, writing about, or making plans for suicide.

Situations

Experiencing stressful situations including those that involve loss, change, create personal humiliation, or involve getting into trouble at home, in school or with the law. These kinds of situations can serve as **triggers** for suicide.

IF YOU NOTICE ANY OF THESE WARNING SIGNS, YOU CAN HELP!

Express your concern about what you are observing in their behavior.

Ask directly about suicide.

Encourage them to call the National Suicide Prevention Lifeline at 800-273-TALK (8255)

Involve an adult they trust

Remember, if you have **IMMEDIATE** concern about someone's safety, call 911 right away!

**This information was taken from the Society for the Prevention of Teen Suicide pamphlet "What Every Parent Should Know"*

Emergency Resources

❖ **Children’s Protective Services**

Phone: 330-455-5437

www.starkjfs.org/children-services-division

The Children Services Division serves the county’s children at risk of abuse or neglect and their families. We also recruit and train foster and adoptive families and prepare children for adoption.

❖ **Crisis Intervention & Recovery Center, Inc.**

2421 13th St. NW Canton, OH 44708

24 Hour Crisis Line: 330-452-6000

Toll Free Crisis Hotline: 1-800-956-6630

Business Line: 330-452-9812

Youth Mobile - comes to home

Opiate Hotline: 330-454-HELP (4357)

<http://www.circstark.org/>

It is the mission of the Crisis Intervention and Recovery Center, Inc., to provide person-centered crisis intervention, stabilization, and recovery-based services in the least restrictive environment feasible, and to respond to evolving community mental health and chemical dependency programming needs by developing and providing needed services.

❖ **Jackson Township Police Department**

Phone: 330-832-1553

http://www.jacksonwp.com/Police_home.aspx

❖ **Society for the Prevention of Teen Suicide**

Phone: 732-410-7900

www.sptsusa.org

The mission of the Society for the Prevention of Teen Suicide is to reduce the number of youth suicides and attempted suicides by encouraging public awareness through the development and promotion of educational training programs.

❖ **Suicide Prevention Lifeline**

24/7 Help

Phone: 1-800-273-TALK (8255)

<https://suicidepreventionlifeline.org/>

The National Suicide Prevention Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week.

❖ **Text for Hope**

24/7 Help

Text “4hope” to 741741

To access the Crisis Text Line, people text the keyword “4hope” to “741741”, 24 hours a day, seven days a week to talk with a counselor. It is solely a text and not a voice conversation.

Additional Resources

❖ **Aultman Grief Services/Aultman Woodlawn**

2821 Woodlawn Avenue Canton, OH 44708

Phone: 330-479-4835

<http://aultman.org>

The Aultman Grief Services staff is available to speak free of charge at local schools, clubs, organizations, churches, synagogues and workplaces. We also offer a variety of support groups for adults who are coping with the loss of a loved one. These are available to the community at no charge. Our experts are here to help you understand grief and give you the tools to cope with your grief and journey toward healing.

❖ **Child and Adolescent Behavioral Health**

919 Second Street NE Canton, OH 44704

Phone: 330-454-7917

www.childandadolescent.org

Working together to be the premier resource for emotional and behavioral health services and products that help children, youth, and families successfully meet life's challenges.

❖ **Coleman Behavioral Health**

400 West Tuscarawas St., Suite 200 Canton, OH 44702

Phone: 330-438-2400

Access/Emergency: 1-877-796-3555

(24 hours/7 days)

www.coleman-bh.com

You can call 24 hours a day, 7 days a week to initiate mental health treatment and drug and alcohol treatment. Our experienced and licensed staff serves individuals who are in a crisis, seeking assistance for an emotional or behavioral problem, seeking services for addictions, or are living with severe and persistent mental illness. Our services promote recovery and resiliency through the use of evidence-based practices.

❖ **CommQuest, Inc**

625 Cleveland Avenue NW Canton, OH 44702

Phone: 330-454-0374

www.communityservicesofstark.org

1341 Market Avenue North

Canton, OH 44714

Phone: 330-453-8252

Fax: 330-453-6716

<http://www.questrs.org/>

CommQuest Services provides clients a full spectrum of services which includes adoption, mental health, substance abuse, and social services. The integration of these services allows us to better treat the complex needs of each client.

❖ **Northeast Ohio Behavioral Health, Ltd.**

4510 Dressler Road NW Canton, OH 44718

Phone: 330-494-5155

Fax: 330-494-6868

213 Market Avenue N., Suite 200 Canton, OH 44702

Phone: 330-451-1701

Fax: 330-451-1707

www.NEOBH.com

Northeast Ohio Behavioral Health, Ltd. (NEOBH) is a multidisciplinary group of mental health professionals that offers treatment services to children, adolescents, adults, families and couples.

❖ **Ohio Guide Stone**

401 Tuscarawas St W Suite #501

Canton, OH 44702

Phone: 440-260-6466

Fax: 330-438-1748

<https://ohioguidestone.org/>

OhioGuidestone works for every person and family to reach happiness. With our family services, we lead children, parents, and individuals towards ways to change their situations for the better. We focus on job training, addiction recovery, foster care, mental health services, and more.

❖ **Pathway Caring for Children**

4895 Dressler Road NW, Suite A

Canton, OH 44718

Phone: 330-493-0083

Fax: 330-493-3689

www.pathwaycfc.org

Our mission is to empower children and families to realize their potential and achieve the possibilities of their lives through innovative mental health, foster care, and adoption services.

❖ **Phoenix Rising Behavioral Healthcare & Recovery, Inc.**

4974 Higbee Ave., Suite 209

Canton, OH 44718

Phone : 330-493-4553

www.phoenixrisingbhr.org

Phoenix Rising provides outpatient psychiatric, counseling and case management services to children, adolescents, and adults. We have psychiatrists and Advanced Nurse Practitioners that specialize in addictions, mental health, dual disorders such as mental illness/intellectual disorders and dual disorders such as substance abuse/mental health concerns.

❖ **Rape Crisis (American Red Cross)**

525 Market Avenue North Canton, OH 44702

Phone: 330-452-1111

www.stark.redcross.org/

Providing services to all survivors of rape and sexual abuse- women, children, men- and their loved ones.

❖ **Stark Mental Health Addiction and Recovery**

121 Cleveland Avenue SW | Canton, Ohio 44702

Tel 330-455-6644 | Fax 330-455-4242

A multi-faceted county behavioral health board comprised of expert professionals, dedicated volunteers and concerned community leaders, Stark County Mental Health & Addiction Recovery (StarkMHAR) believes in hope, wellness and recovery for everyone.

❖ **Alliance Area Rape Crisis Counseling**

1207 West State Street Alliance, OH 44601

Hotline: 330-821-RAPE (7273)

Phone: 330-821-8407

❖ **RENEW (Empower Women through Changes)**

Domestic Violence Project, Inc

Phone: 330-453-SAFE (7233)

<http://www.domesticviolenceproj.org/>

Domestic Violence Project, Inc. helps victims of domestic violence become survivors by providing emergency, clinical, and supportive services; and promotes increased public awareness of domestic violence issues.