



2022 WINTER 1 SPORTS PROGRAMS

PAUL & CAROL DAVID YMCA

Session Dates: **January 3 – February 19, 2022**

Member Registration Opens: **December 13, 2021**

Non-Member Registration Opens: **December 16, 2021**

SMALL STUFF BASKETBALL

Participants will learn and practice basic fundamental skills (dribbling, passing, shooting, and much more), practical drills, game strategy/tactics while all being encouraged through teamwork!

PROGRAM	GRADES	DAYS	MEMBERS	NON MEMBERS
Small Stuff Basketball	Ages 3-4 with Parent Participation	CLASS OPTIONS: Thursdays 5:30-6:15pm OR Saturdays 10:00-10:45am	\$42	\$70

FLOOR HOCKEY

Participants will learn and practice basic fundamental skills of floor hockey!

PROGRAM	GRADES	DAYS	MEMBERS	NON MEMBERS
K-Skills Floor Hockey	Ages 5-7	Saturdays 11:00-11:45am	\$42	\$70

VOLLEYBALL SKILLS

Participants will learn and practice basic fundamental skills (dribbling, passing, shooting, and much more), practical drills, game strategy/tactics while all being encouraged through teamwork!

PROGRAM	GRADES	DAYS	MEMBERS	NON MEMBERS
Volleyball Skills 3-4th	Grades 3-4	Mondays 5:15-6:15pm	\$49	\$77
Volleyball Skills 5-6th	Grades 5-6	Mondays 6:30-7:30pm	\$49	\$77
Volleyball Skills 7-8th	Grades 7-8	Mondays 7:30-8:30pm	\$49	\$77



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